

Dear Parents,

I would like to introduce myself to you. I am a Guidance Counselor from Catapult Learning. Under the Title I Program, I will be bringing guidance services to the children of St. Nicholas School each Monday and Tuesday.

As the school guidance counselor, I am actively committed to helping your children overcome the emotional, social, physical and economic barriers that may inhibit learning and to promoting the academic success of all the students. I am here to help insure a sense of self worth and to help them understand that the choices they make now will affect their future career and educational options, in addition to the overall quality of their lives.

If your child is having any difficulties throughout the school year that may be affecting his/her schoolwork, I can provide the immediate and individual help that your child may need to be happy and successful in school. I am here to help in any way that I can.

Children can be recommended for counseling by Sr. Ellen, a teacher, a parent, or by the students themselves to see me. I will inform you immediately if your child has been referred for counseling by a member of the staff. In order for me to see your child a consent form needs to be filled by you, the parent, allowing counseling services. Please indicate below if you would like to receive one of these consent forms for counseling services.

I will keep you informed on your child's progress and your child's difficulties. Please feel free to contact me, at the school or at 732-642-4208 with any further questions that you may have. I will be happy to answer them.

It is my pleasure to work with the children and families of St. Nicholas School.

Sincerely,

Barbara Duchnowski, Guidance Counselor

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**St. Nicholas School**

**GUIDANCE COUNSELOR SERVICES**

**Please send home a copy of the counseling consent form, for me to fill and return to the school, so that my child may receive individual counseling.**

**Parent's Name:** \_\_\_\_\_

**Child's Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_